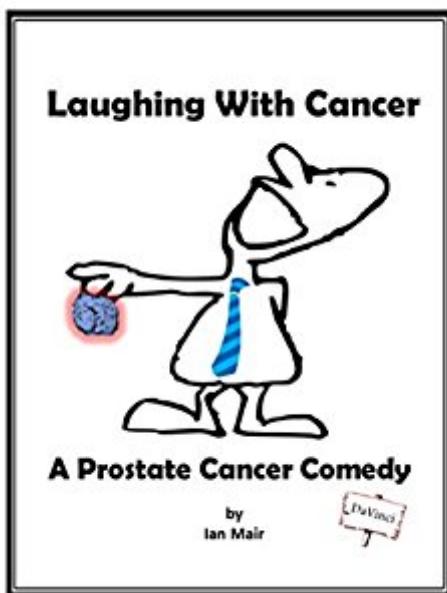


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# Laughing With Cancer: A Prostate Cancer Comedy



## Synopsis

I was diagnosed with prostate cancer in 2013. In the fall of that year, after the requisite biopsy and tests to determine that the cancer had not already spread, I opted for removal using the DaVinci robotic method. I could have been sad, devastated or angry, but while going through testing and trying to figure out how I should react, funny happened. I didn't mean for it to happen, it just did. I saw a funny side to prostate cancer right from diagnosis, through biopsy and surgery. Whenever possible, I used this humor to lighten moments with others and to soothe my own concerns and trepidations. I laughed with doctors and their PAs, technicians running tests, nurses and office staff. Three years after surgery, my cancer returned requiring eight weeks of daily radiation treatments. Today, I am cancer free once again. Humor allowed me to face these treatments in a hopeful, light-hearted way and to ease the fears of those around me. I figure, life is what you make it, so you might as well make it fun. One man out of every six will deal with a prostate cancer diagnosis in his lifetime. *Laughing With Cancer* was written to chronicle a very personal journey in a compelling hilarious memoir. It is as refreshingly frank and informative as it is hysterical. Written from a unique perspective, I put the reader in my shoes and invite them to experience the journey with me. *Laughing With Cancer* is a must read for any man facing prostate cancer, as well as his family, friends, and anyone else who wants to be entertained, while learning about a timely subject too often couched in strict medical terms.

## Book Information

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## Customer Reviews

The Joy of Prostate Cancer? Well, not quite, but Ian Mair's new book, Laughing with Cancer, is a thoroughly enjoyable read while also being an illuminating look at the ups and down of the diagnosis and treatment of prostate cancer by one very articulate, strong-minded, and humorous guy. I was awed by his continued optimism in the face of an overwhelming jungle of machines and medical tests, not to mention taxing physical preparations, made bearable (with an emphasis on "bare") by the kindness of the staff and his own indomitable will to face what most of us would find terrifying. I envy his determination to focus on both the humanity and the comedy in dealing with cancer. If I wore a hat, I would take it off to Mr. Mair for his clear, concise, and funny guide to surviving prostate cancer. Maryellen Winkler, author of the Emily Menotti Mystery Series

No way I want to minimise the plight of Prostate Cancer. My Dad passed away from it 25 years ago at the age of 68. He was being treated by the best at Sloan Kettering in NYC just when radium seeds were first being sprinkled around the prostate. Problem was six months later you were opened up and your prostate and everything around it was goop. Treatment has come a long way in the past 25 years with many breakthroughs. I appreciated Ian's irreverent, and sometimes hilarious journal like take on his journey through the uncharted cancer maze. Weaving a fine thread of ups and downs, at least, the book had a happy ending. :) Seriously, this is an uplifting book filled with good info on awareness, early detection and action, treatment options along with many funny and real personal insights. Thanks for your story and putting it all out there, Ian. I recommend this book to anyone that has been touched by prostate cancer.

I have never had prostate cancer. If I had been diagnosed with it before reading this book, I really feel like I would have been traumatized. After reading this hilarious, but thoughtful book, I now feel like, if, God forbid, I should ever receive such a diagnosis, I would not only be able to deal with it objectively, but would be able to giggle at some of the otherwise absurd procedures and treatments that Mr. Mair so vividly describes from his recent experience. While obviously a serious issue, Mr.

Mair conveys the trials and tribulations of dealing with this disease in an extremely readable and funny way. By the end of the book, I was left with the impression that having a transrectal ultrasonic scan was as normal as and maybe less invasive than a tax audit. With the odds of ending up with this disease so high, I suppose it should be considered normal. Thank you for making us all feel normal, Mr. Mair.

The day you are told you may have or do have cancer, you find your blood pressure plummeting to a new low at 0-60 speed. This book is most definitely your brakes and your safety net. and your safe place to go If someone is looking for information on what to do next, this is THE book that should be dubbed the official handbook on how to have prostate cancer. Ian Mair has shown us the way -- what to ask, how to ask it, when to be your own best advocate, how to follow the instructions from your medical team to the nth degree; and, most importantly, how to maintain a sense of humor through it all. This book is the best thing I can give any man diagnosed with prostate cancer -- and it should be shared with those around him. it helps us all in knowing what to do next, and what to expect. Bravo on a job well done. I am gifting it to several people I have come across who just go the diagnosis.

Battling cancer can be and is a very scary experience. It is a higher art to live the experience through the lens of humor. I shared most of this experience with Ian from diagnostic tests through radiation, as an Angle in the waiting room for multiple pre and post tests and procedures. During these times Ian constantly found and shared the humor of the moment as he saw it, felt it, experienced it; It was clear a book was brewing. Don't be fooled by the title, Laughing with Cancer is a factual and accurate account of the journey one takes for prostate cancer patients, but with the blessed element of humor to relieve the tension and adjust attitudes. As Patch Adams the infamous clown doctor has proven, a light heart is a helpful tool for healing. I encourage all to read this medicine!

Loved reading this book. My daughter heard me laughing one night and asked what was so funny. I told her about the book and now she has to read this book! What I enjoyed the most is Mair takes a hard subject and delivers a real and honest view from an engineer point of view. Nothing is funny about cancer, however his approach is real and brings humor to get through the grind. And it was a grind. Kudos to the author ad all who reads this book!

A phenomenally insightful trip through one man's cancer journey- although the cause and the journey itself is serious business, Ian's humor-filled narrative not only offers an upbeat view of Cancer's ups and downs, but it also proves to be extremely informative. Kudos to Ian Mair for the courage and humor with which he has dealt with an insidious foe. I highly recommend this book!

This book is very informative and full of humor. Perfect for men and their loved ones who are facing this disease. Highly recommended!

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